



## WELCOME TO THE COUNCIL ON AGING

The Bedford Council on Aging is a department of the Town of Bedford. Its mission is to enhance the health and well being of Bedford's 3,000 residents 60 and older. Our programs and services benefit active residents who have just retired and seek new opportunities, those who have been retired many years, those who need assistance remaining in their homes, and many, many others. Last year, 700 seniors made almost 14,000 visits to the senior center while we served about 600 elders with 8800 phone calls, home visits or office visits to assist them in remaining independently in their homes.

In addition, the Council on Aging serves all Bedford residents who need assistance providing care to elder relatives, who benefit from intergenerational activities it sponsors, and who would like to plan ahead to better meet the challenges and opportunities of later life.

The Bedford Council on Aging is funded through the Town, public and private grants, program fees, and individual donations and bequests.

**The Council On Aging Board** consists of nine members, who are appointed by the Town's Board of Selectmen. The Chair of the Council On Aging Board is Roberta Ennis and its Secretary is Pete Malo. Other members of the COA Board: George Dalrymple, Leslie Gabriele, John Gerdes, Maureen Pomeroy, Cindy Rider, Pauline Salter, and Penny Schowalter. An Advisory Board includes Anita Feld, Angelo Colao, Mary Narcisi, and Al & Jean Sutkus.

COA Board Meetings are documented in our Menu under Files.